Painting a Picture
Clarion 2022
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Message from the President

On August 7, 2021, my wife Corjena and I woke up at 4:00 in the morning to travel to the airport to fly back from Minneapolis to Hong Kong. Two days prior to the day we left Minnesota, we went to three facilities to be tested with COVID-19 to be sure that we had the proper documents to show that we had tested negative prior to boarding the airplanes. We had heard that the Hong Kong government was very strict on requiring people to have the right documents to show that they had the right test from a qualified laboratory within 72 hours of leaving the United States. We reached the airport at 5:00 a.m. and proceed to acquire our boarding passes.

After what seemed to be an eternity as the American Airlines' personnel checked all our documents to be sure that they would be accepted by the Hong Kong Immigration Office, we obtained boarding passes to fly from Minneapolis to Dallas and then from Dallas to Seoul, Korea. By the time we reached the Incheon Airport in Seoul, Korea, we have already been traveling—or attempting to travel—for almost 24 hours and still have five hours to wait before we would board the plane to fly to Hong Kong.

Fifteen minutes before the departure of the airplane, we were called to the counter and asked to provide the COVID-19 test documents again. This time the Cathy Pacific's personnel checked the documents since American Airlines did not fly to Hong Kong. Five minutes before the closing of the gate, we were told that our test documents were incorrect, that we were not allowed to board the plane, and that they would send us back to the United States the next day to get tested again and obtain the proper documents since the Incheon Airport has no COVID-19 testing facility.
Unfortunately, this being the height of the pandemic, most of the flights were cancelled, so we couldn't get a plane to go back to the U.S. until the next day, meaning that we were forced to stay inside the mostly empty Incheon Airport for the next 24 hours.

The next day we boarded the American Airlines to fly back to Dallas to be tested again at the airport there. Most of the flights, including American Airlines flights going to Hong Kong were cancelled during the pandemic and all those available flights to Hong Kong, were fully booked. We finally purchased two one-way tickets from Qatar Airlines to fly from Dallas to Hong Kong through Doha, Qatar. In total, we spent five days of traveling around the world to get back to Hong Kong from Minneapolis. As often happens with so many changes in itinerary, some of our luggage mysteriously ended up elsewhere—in this case in Madrid, Spain—and was stuck there for more than a month before the bags made their way to Hong Kong.

This trip—and really all of 2021—taught us a good lesson that in all circumstances we should expect the unexpected. No matter how much we have prepared, something can always happen unexpectedly. We expected the pandemic would be over in six months. We expected that COVID-19 would be gone once scientists had developed the vaccines. We expected herd immunity when over 70% of people had been vaccinated. But two years after this pandemic has started, many people still infected and die with COVID-19; many countries in the world still enforce lockdowns; many people are still waiting to be vaccinated; and residents of Hong Kong still are not allowed to enter mainland China.

At Hong Kong Adventist College, the students, staff, and faculty all work together to teach and to learn under the shadow of the COVID-19. Except for a few exceptions who are being quarantined in hotels, students all come to classes to learn in person with their masks on. Our teachers come to the classrooms to teach in person, and the staff and the administrators carry out their daily life as they did before the pandemic. By the grace of God, this pandemic has not altered our campus life much except that we have to put on a mask when we leave our houses every morning.

Let us all work together to face the challenges of 2022 and expect the unexpected. As the Apostle Paul says in Philippians 1:6, “I'm convinced that God, who began this good work in you, will carry it through to completion on the day of Christ Jesus.” God has promised that He will work with us to finish His mission on earth until the day He comes to take us home.

Dan Cheung, PhD
HKAC President
One of the joys of being part of a smaller college is the relationships you can forge between faculty and students. Contrary to one of the larger universities in Hong Kong, with its amphitheaters filled with hundreds of students, at HKAC you can know your professors at a very personal level.
Over my two years at HKAC, I have had the joy of coming to know many of you both professionally and personally. On more than one occasion this year, I have had faculty and campus guests stop by my office and state, “there is something special about this school and its students.” I couldn’t agree more! Is it the weekly gathering at Chapel Assembly? Is it joining together on the volleyball court, soccer field or in the cafeteria? It is probably all of those things and more.

2021-2022 was another year with disruption and a stretch of time away from campus, but it was a joy to watch you, in the short time we had together before final exams, pick up your friendships with your classmates and your relationships with your professors as if you had never been apart. That is the joy of this wonderfully unique school. Thank you each for being a part of this culture and adding your part to this wonderful place.

Paul McGraw, PhD
HKAC Academic Dean
Faculty & Administrators
Administrators

Cheung King Fai Dan, PhD
President

McGraw, Paul, PhD
Academic Dean
Chair, Department of General Education

Yeung Pak Nin Hosea, MBA
Business Manager

Song Sung Sub Paul, DMin
Dean of Students
Faculty

Chan Wing Ying, MN
Faculty – HD Program

Cheng Ching Ho Richard, MEd
Faculty – English

Cheung-Ho Kwok Chun Corjena, PhD
Associate Academic Dean
Chair, Department of Nursing & Allied Health

Choi Kit Chun Barbara, DrPH
Director, Department of Health

Chow-Pak Yu Charlene, MPH
Faculty – Health (Through May 2022)
Director, Food Service (June 2022 onward)
Director, Business Development (June 2022 onward)

Chua Shian Wee Simon, MA
Faculty – English

Ip Tsz Fung Kelvin, M ClinExPhys
Faculty – Health

Lai Siu Hei, Sam, PhD
Faculty – Social Anthropology

Lam, William, DHSc
Faculty – Nursing
Faculty

Lau Chuen Chuen Twinky, PhD (Candidate)
Director, Department of Religion

Liu-Chim Yuet Ching Anna, PhD
Faculty - Psychology
Counselling Psychologist

Loké, Alice, PhD
Director of Nursing

Luk Hoi Ling Calvin, PhD
Director, Department of G.E.
Maths & Science

Ng Man Him Kelvin, MEd
Faculty - Psychology

Shiu Mei Yee Jenifer, MBA
Faculty - Business

Siagian; Arlene, PhD
Chair, Division of G.E.

Wong Ching Chi Priscilla, MA
Chair, Department of Psychology
Chair, Division of Andrews University
Affiliated Programs

Ya’ang, Henry, MBA
Registrar
Director, Department of Business
Faculty

Yeung Kwai Hong, MPhil
Faculty - DPUS Chinese

Yu Chi Hong Alan, MSE
Faculty - Business

Yu Hon Chung Martin, MSE
Faculty - Business
staff
staff

Chan Chok Fai Charles, MBA
Assistant Business Manager

Chan Wing Lam Francesca, BA
Marketing Assistant

Cheng Ah Yuk
Cook

Cheng For Kam
Gatekeeper (Night Shift)

Cheng Mei Ha
Head Janitor

Chuah Tsi Li Jeriel, BA
Dormitory Dean
Student Activity Coordinator

Ho Lai Wah
Cafeteria Janitor

Lau Siu Man
Janitor

Lau Wing Chong John
Director of Plant Service
Staff

Lau Wing Yu Debby, BSc
Accountant

Leung Wing Kwan Eric, MSc
Librarian

Li King Chung
Cook

Li Siu Kan, Livia
Director of Business Development
(Through May 2022)

Li Tak Cheung
Gardener

Liu Pui Sang Yuko
Graphic Designer

Ma Kei Freddié, MAcc
Marketing Director

Ma Kit Ming Katerina, BA
Dormitory Dean
Senior Assistant Librarian

Mak Sau Ching
Janitor
Ngai Kwan Lin
Janitor

Seo Se Kwang Ben, BA
Chaplain

Suen Mei Yee Sylvia
Gatekeeper (Day-shift)
(Through June 2022)

Tam Man Lin, MA
Food Service Director
Assistant Librarian
(Through May 2022)

Tang Yuen Hau
Groundskeeper

Tsoi Hon Man
Janitor

Wan San Yuen Dave, BSc
IT Manager

Wang Jia Bin
Ground Keeper

Wong Cho On
Foreman of Plant Service
staff

Wong Siu Dik Alice, MSc
HR Manager
President’s Secretary

Wong Siu Kuen
Janitor

Yip Tsz Hin Andrew, BSocSc
Marketing Assistant
Chinese Adventist Seminary
BayView Church
Bayview Church

Chuah Gim Teng Daniel, PhD
Senior Pastor

Moody, Tyson
Assistant Pastor

Wong Sung Kit Thomas
Assistant Pastor
Message from the Dean of Students

Journalists like to use the SW1H method. The acronym of SW1H corresponds to each question: Who? Where? When? Why? What? and How?

I used to like to question “Why” when I was a child, especially in my secondary and college schools. It could help me have a much better and deeper academic performance.

However, after leaving school and entering my professional working areas, I realized that “What and How” are mostly challenges for accomplishing our goals, while the other four elements are important and cannot be separated from these two.

What relates to our goals and how to the methods and resources? People are pursuing toward their final goal, but they need to reach it step-by-step. Each step may be a small or temporary goal which can be a stepping stone toward the final goal. It means that each Stepping stone or goal can be “How” or “What”.
We are on the journey of life in a chain of ends and means. Our life is on a chain of “What and How”. We need to discover and make each choice for our decision making tasks.

Whenever I do mentoring and coaching students, I apply this concept of What and How as a chain of ends and means. I try to help them recognize and understand their present situations and their goals. First, then, I motivate them to think and find “How” and available resources.

Our life is a journey of painting a picture. We have been dreaming and desiring for a life picture. Often, we may be surprised to know that our life seems not accidental, but our lives have been painted with some purposes given and desired by God. He has some plans and purposes for our life journey.

What and How can be discovered and maximized for finishing our successful and meaningful masterpiece of life journey, if we have a mind of inclusivity instead of exclusivity. Nowadays the concept of integration(統合) or consilience(統合) has been very popular almost in every area. This approach generates a holistic thought and understanding of themes and ideas that cut across disciplines.

Creative and productive brainstorming can occur in the environment of inclusive integration and consilience. When the relationship between humans is more loving, embracing, and forgiving, this approach or method is more successful and fruitful.

Peter came to Jesus and asked, “Lord, how often shall my brother sin against me and I forgive him? Up to seven times?” Jesus said to him, “I do not say to you, up to seven times, but up to seventy times seven” (Matthew 18:21-22). Jesus promised that if two of us agree on earth about anything that they may ask, it shall be done for us (vs 19).

Our college education is for fostering holistic development spiritually, intellectually, physically, and socially. I am always happy to help and encourage our precious students to become more flexible to have a much wider and deeper worldview with this holistic approach.

Dear beloved students, I pray that our loving God who is the most creative, Himself the Creator and Redeemer, will guide all of you into each beautiful, amazed, and blessed journey continually!
College

Students
Message from the
Psychology
Department Chair &
Chair, Division of Andrews
Affiliated programs
Ms. Priscilla Wong

One Drop in the Palette

If you were asked to use one sentence to track your 2021-2022 year, what would you write? How about using a photo to spotlight your course?

Different people do it differently. In one of the classes I taught recently, someone told me that he doesn’t want to reminisce about the past at all because it was a pain to re-experience the hurt, the mistakes, and the foolishness of his past all over again.

Some focus on what went wrong in their lives, while others try to provide valid explanations of such happenings.

Some show gratitude to God, family and friends for helping them get through the difficulties and struggles and conclude this year was another fruitful year!

Others savor over the goodies in life. They stay at the present and experience the sweetness of the moment.

Others start to plan for a better future and become excited about their journey ahead. Our beliefs and actions determine the path we take and the destination we reach; it also brings along with us the kinds of companions as we paint a picture of our lives.

One day when you take time to look back, you may find that 2021-2022 being only one drop of paint in your palette or your canvas, and it would be a significant one!

“As water reflects the face, so one’s life reflects the heart.” Proverbs 27:19 (NIV)
Sara, Nadege and Zuhaa

Zuriel and Lexine

Ms. Priscilla Wong and Department of Psychology Students

Daniel

Dr. Anna Liu-Chim
Department of Psychology

ABDUL MANAF Fathima
Nushka

BASHARAT Mohammad Hassaan

CHAN, Man Ching

CHANG, Atlantic

DE ALMEIDA CARLOS, Calebe

DE ALMEIDA SANTANA, Sara

DE VERA, Lexine

FRANCIS, Dynne

GURUNG, Shima
Department of Psychology

HON, Nicolas
ILAGAN, Zuriel
KHAN, Zuhaa
LEUNG, Ka Wai
LI, Pui Chi
LIM, Zhi Qiao
MAN; Hiu Sin Althea
MUCHAKARLA, Rajarajeswari
NAJMAL, Mahum
Department of Psychology

RANGIRA, Nadege
RIVERA, Maria Immanuel Joseph Soon
SAJEID, Sanna

SUEN, Wai Shan Jenny
YIP, Cheuk Man
Department of Health

Message from the Health Department Director
Dr. Barbara Choi

What is health? “Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.” World Health Organization.

The determinant of health: genetics 19%, environment 17%, medical care 12% and lifestyle 52%. Dr. Lamont Murdoch says: “Faulty genetics loads the gun, lifestyle pulls the trigger.”

The mission of Hong Kong Adventist college Health department: To develop qualified and motivated individuals to promote and enhance healthy lifestyles in the community.

The vision: To put health living concepts into practice

The value: Wellness: Water Exercise Love Lifestyle Nutrition Environment Sunshine Sleep

It is the Lord’s desire that we adhere to health principle as we serve Him: 3 John 2, “Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prosperet.”
Department of Health

ADAMS, Kai Ansel
ANGELES, Christian Carlo Santos
BUT, Chin Hei Charles

CHEUNG, Tsun Hin
CHOW, Sin Hang
CHU, Hin Mau Moses

GHALE, Terisa
GORRES, Isaiah Venago
HO, Man Sze
Department of Nursing & Allied Health

Message from the Nursing Department Chair
Professor Corjena Cheung

Perhaps it was the pandemic or the numerous changes that we have been required to make over the last two years, the word "crisis" keeps coming to my mind. "Crisis" comes from the Greek word "to separate, to sift" which, means to differentiate and to keep only what is worthwhile. On the other hand, the Chinese word 'crisis' is composed of two characters. One represents danger and the other represents opportunity. Crises are opportunities for organizational change and revitalization. There is an opportunity in every crisis, and the deeper the crisis, the better the opportunity can be.

It has long been a HKAC’s goal to develop new locally accredited programs to fulfil the mission and meet the demand of the society. The greying population, the prevalence of chronic diseases, and now the pandemic has showed us once again that we need more health care professionals. In addition to the articulation programs in Bachelor of Science in Nursing with Andrews University and Kettering College that were started in 2019 and 2020 respectively, HKAC has launched a brand new locally accredited 2-year Higher Diploma in Health and Rehabilitation Services program in 2021. We are again going through another accreditation process – this time a Higher Diploma in Enrolled Nursing (General) program. All of these happened during the COVID-19 pandemic.
Throughout history starting from the time of Noah who faced a reboot of the human race to the Bubonic Plague that wiped out millions of people in Afro-Eurasia, crises have been a constant companion. Nevertheless, human beings persevered and became wiser and more resilient. God never promised that there would only be sunshine. He never said that there wouldn't be any rain. However, the Lord promised to provide the strength we require when going through a tough time and wisdom we need to grow in the midst of chaos.

While we are all still living in the midst of "crisis" mode, we need to be reminded to stay close to God. “Don’t be afraid, for I am with you. Don’t be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand.” (Isaiah 41:10).

The pandemic certainly has turned the whole world upside down. There is no doubt that it has flooded us with a lot of danger and uncertainty. However, it has also brought us many new opportunities—a new way of teaching and learning, new academic programs, a new department, and a new appreciation of technology and face masks. Let’s embrace every crisis and trial we face in life, knowing that this is where new opportunities lie!
Department of Nursing & Allied Health

BARRACA, Denise

CHEUNG, Ka Wing

CHEUNG, Kin Chun

CHONG, Kam Yin

GURUNG, Diekita

KIM, Gahyun

KWOK, Chi Ming

LAI, Siu Kit

LAM, Hiu Tung
Jesus is coming soon and He commanded us, “Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all things that I have commanded you; and lo, I am with you always, even to the end of the age.” (Matthew 28:19-20) In this Scripture, it mentions “teaching them to observe all things that I commanded you.” It is the responsibility for all Christians as well. Therefore, the Religion department would like to take the role to equip those who would like to take this responsibility to serve God until Jesus’ Second Coming.
Department of Religion

FONG, Yuen Wa

YIP, Yuk Ying
Department of Business

Message from the Business Department Director
Mr. Henry Ya’ang

Your perseverance and achievement through this extremely difficult COVID-19 Pandemic period is a testament of your hard work and dedication in higher education. I am so proud of you all for making your way successfully throughout the year with us. I wish you all every success for the year ahead.

For our graduating students, take the lessons and values that you have learned from your time at Hong Kong Adventist College, and use them wisely. I hope that, as a proud graduate and alumnus, you will be an inspiration for others in your chosen career. There are many exciting challenges and opportunities ahead. Choose wisely the opportunity that comes your way. I wish you all the best as you embark on the next stage of your lives.
Department of Business

THOPRA, Jems
FAISAL, Muhammad Ali
RAI, Sargam
DHALIWAL, Sukhpreet Singh
SINGH, Maninderjeet
VELASQUEZ, Irvine Ashley Casalme
2+2 Degree Articulation

CHOI, Wang Fung
FUNG, Yat Long
GURUNG, Nishma

HO, Tik Yau
LAI, Siu Yuen Brian
LAM, Tsz Wai Kenny

LEE, Tsz Ying
MENDOZA TORRES, Daniel
NAZIR, Aseel
2+2 Degree Articulation

PEDUCHE, Gem
SIU, Ka Shun Rocky
SUNAR, Aakriti

YONG, Ezra
ZINKIEWICZ, Richard
Higher Diploma of Health and Rehabilitation Services

CHEUNG, Wan Yiu

CHIANG, Chung Yan

MAR, Ka Man

WONG, Pui Ling
Fall 2021 Chapel Assembly

Kahoot! online quiz game at Chapel Assembly presentations
Art Day 2022
Shadda

Jade (Senior student)
Zuhaa (Senior student and class president)
Zuriel (Senior student)
Brayan (Student Ambassador)
Christmas 2021

Pr. Se Kwang Ben Seo as Santa Claus
Christmas 2021 Celebration
The annual Food and Fun Fair had been on hold for nearly two years due to the COVID-19 pandemic, so when we knew we would be able to kickstart our school’s biggest event, everyone was excited to be a part of it. As this event is filled with fun activities and good food, there was a big crowd that came to the event. Being in the Psychology club, I was not able to fully experience the Food and Fun Fair from a enjoyer’s point of view. However, behind the counter and serving others was just as rewarding. Our booth had food, drinks, games, merchandise, as well as a small henna booth. By the end of the day, we were all so tired but fulfilled by the feat we were able to accomplish in just one day. All in all, Food and Fun Fair lives up to its name as it is a fair that, despite all of the running around, is fun and filled with food made by staff and students with love. Compared to this past year, the student body is excited to see how the Food and Fun Fair will turn out in the upcoming years.

Sabrina Garcia
Dr. Calvin Luk play the piano

This year’s Food and Fun Fair PTC booth was a target hit practice, in which whoever wanted to try out their aim could show off their skill by shooting a dart to the student-made targets and win prizes. The booth was popular with younger people, and they had a blast competing and trying out the Nerfs and winning their prizes. The laughter and joy of the participants blended in the communal festivities and enjoyment of the Food and Fun fair. There was certainly lots of good food and lots of fun to come about.

Sabrina Garcia
Dr. Hope Zhang, CAS President and CAS singers

Sara
HKAC President Dan Cheung enjoys the lucky qilin cultural dance on stage.
Spring Gospel Week 2022

Alex, Student Ambassador

HKAC students Choir
Brayan, Student Ambassador

Hong Kong Adventist College’s Spring Gospel Week 2022 was held by Pr. Daniel Chuah. The service each day was held through zoom since Covid was still a lingering factor. Each service was started by announcements, prayer, special music, and finally the speaker. He taught lessons about life and each situation or circumstance was connected to life. Some lessons were about social media, the meaning or purpose of life, etc. After the speaker, group discussions were led by student group leaders in the breakout rooms, a function in zoom, and were supervised by staff members. Questions and discussions made up the time in the breakout rooms. This gospel week started on a Monday and ended up on a Friday, just for an hour between classes.

Gem Peduche
Environmental Day 2021
In previous years, the HKAC environmental day has been an ongoing tradition in which college students and high-school students join arms in volunteering to clean up the beaches in the surrounding areas. However, in October 2021, due to COVID-19 restrictions, gathering in large groups was not allowed due to safety concerns. So the members of the Student Life council took it upon themselves to create an interactive learning opportunity for students and teachers alike to learn about pressing environmental matters and ways they can help ease their environmental footprint. The environmental day consisted of various stations run by students, each dedicated to tackle a separate environmental problem. A homemade soap booth, thrifting booth, plants and herbs seedling booth, papermaking booth and recycling station were some of the activities that took place. The home-made soap booth tackled the big impact the beauty industry has on the environment, due to its large-scale use of single-use plastic, in this station students learned how to make soap which they would be able to take home for their personal use. The thrift store booth, which was very popular among the students, discussed the impact fast fashion trends have on our landfills and environment, while also giving clothes a second life. Students were asked to bring clothes they no longer liked or fit, they had to be in good condition and clean. The SLC members in charge of the booth would then sort through them and displayed them on the day for other students to see through and pick out freely.

In the seedling booth, SLC members planted different types of plants and seeds which would sprout in time for the Environmental day and students and teachers would be able to pick and pot themselves to take home. The purpose of which is to bring attention to the importance of sustainability and shopping local, even if it just means growing your own herbs in your kitchen instead of buying imported herbs that have a larger carbon dioxide footprint. The recycling booth was made by our on campus recycling experts, and taught students and teachers the right way to recycle and how to treat the waste before disposing of them in recycling facilities. In the papermaking booth students made paper from scratch using equipment built by the SLC, highlighting the impact the cutting down of trees and clearing of forests has on our environment.

The Environmental day this school year was nothing short of fun and excitement alongside an air of novelty and innovation. A forming of new traditions that will hopefully be kept for years to come.

Sara Almeida
In front of King Huy Hall

Cultural Day 2021

HKAC President Dan Cheung presents an award to a Fan Dance Performer
Renowned for its multicultural student body, Hong Kong Adventist College dedicates a day of the school year to appreciate all the cultures that make up our student body. The day started off with a flag raising ceremony, in which the student representatives of each nation presented their flags and walked them down the chapels, dressed in vibrant national attires from every corner of the world.

After that, the students, teachers and guests carried out different performances during the chapel period, such as a traditional Nepali dance, a fusion hip-hop and Bollywood dance, and a sword dance demonstration.
The Student Life Council helped organize different booths from each nation in which a variety of national dishes, customs, and traditions were shared with students and teachers. The festivities were still lively in the air, even after the chapel period ended as students carried on with their day in their traditional attire. It was a very well received event and a personal favourite.

Gem Peduche
Pr. Se Kwang Ben Seo shows Sin Hang a Korean game at Cultural Day 2021

Ms. Charlene Chow-Pak performs Fan Dance

Ms Kat Ma, Dr. Calvin Luk
Student Ambassadors

Fall 2021-Spring 2022
Becoming a student ambassador allowed all the things I learned about Jesus Growing up to be put into action. If you want to be a teacher, bible worker, counselor, and an athlete in the name of our savior then being a student ambassador is for you. I have been blessed to meet students of all walks of life and teach them who Jesus is and how he changed my life. I have learned that when you surrender your will to God, He will use you to minister to the students of Hong Kong who have not yet known Jesus as their personal savior. Coming here made me realize that large number of people have not accepted Jesus. It made me realize that I have not made full use of the gifts God has given me. Most importantly, becoming a student ambassador has forever changed the way I view God’s ministry in the most beautiful way.
Honestly did not expect much change when I came to Hong Kong as a student ambassador, but I was wrong. Moving out of my comfort zone really forced me to develop better communication skills and relationships with people around me. One thing I loved the most was being around a community of very spiritual people. Working together with fellow Adventists to share the gospels really changed and transformed my spiritual life. This active environment strengthened my faith incredibly. It felt amazing to study the Bible with students and bring more souls to Christ.

Throughout my whole life I have never dedicated all my energy to reaching out to people, but I am so happy that the SA program allowed me to do this. I think every Christian needs to have this type of experience.
Student singer and musicians at weekly Chapel Assembly

Lexine, Zuriel, Brayan, Mighty (2019-2020 student ambassadors)

Brayan, Pr. Se Kwang Ben Seo  
Alex
Student Life
Dorm experience at Hong Kong Adventist College is like being in a family away from your own family. In the dormitory at HKAC, we provide the students with an environment that is like home and Christ-centred. Everybody is welcome here, international and local students. Going to school becomes more easier and exciting when you reside on campus and at Hong Kong Adventist College you get to do that in the dormitory. The dormitory staff and students organize dorm parties and other activities for the dorm students to break the ice between the newcomers. Before the newcomers can feel the absence of home, HKAC provides them with a family away from home.
The students residing in the dormitory have easy access to football matches, volleyball games, and other fun activities. The dormitory worship programs prepare and enable the students to be equipped with the knowledge and wisdom to live better and in achieving their best in every aspect of life. The friendly environment helps the students to excel in their studies. Students taking classes together can easily meet up for group projects and group studies. Our dormitory location enables students, international and local, to plan trips together to go explore the city of Hong Kong and at the same time also allows them to enjoy the quiet, peaceful, and noiseless Clear Water Bay.

Like a gardener who waters the garden, the HKAC dormitory experience waters the heart, soul, and minds of the students enabling and teaching the students to love God and love their neighbors just as they love themselves.

Aseel Nazir
Graduates
Congratulations to the Bachelor Graduates

Cheung, Tsun Hin  
Department of Health

Justin, Jade Rozanne  
Department of Health

Tam, Ching Yi  
Department of Health

Wong Ching Yuen Erinn  
Department of Health

MANINDERJEET-SINGH  
Department of Business

Rai, Sargam  
Department of Business
Congratulations to the Bachelor Graduates

Velasquez, Irvine Ashley Casalme
Department of Business

De Almeida Carlos, Calebe
Department of Psychology

De Vera, Lexine Pajie Marquez
Department of Psychology

Ilagan, Zuriel Tagle
Department of Psychology

Khan, Zuhaa
Department of Psychology

Man, Hiu Sin Althea
Department of Psychology
Graduates Gallery

Jade, Zuhaa
President Dan Cheung and Full-time Faculty

GRADUATION CEREMONY

Irvine, Sargam, Maninderjeet
President Dan Cheung present graduation diploma to Tsun Hin

Christian accepts his diploma

Aseel, Jade
Dept of Business graduated Sangam, Irvine, Maninderjeet and Dept of Business Chairman, Mr. Henry Ya’ang.

Freddie, Tsun Hin

Zuriel

Althea, Calebe
Social Committee Events 康樂組活動花絮
Year-End & Fare well party ~ 17 June 2021
學年終及歡送派對 2021年6月17日

Freddie, Leo

Hosea, Leo
Social Committee Events 康樂組活動花絮
Year-End & Fare well party ~ 23 June 2022
學年終及歡送派對 2022年6月23日

Pr. Se Kwang Ben Seo and President Dan Cheung
Newsletter
Autumn
2021
HKAC New Nursing & Higher Diploma Programs by Professor Alice Loke

I am pleased to be appointed as the Director of the Department of Nursing at the Hong Kong Adventist College (HKAC). The Department of Nursing was set up as a strategic plan to propose a Higher Diploma in Enrolled Nursing (General) program to be launched in November 2022.

Humbly, I greatly appreciate the opportunity given! Not only was I attracted to the history of the College and its beautiful campus, I was also happy about the challenge to re-establish a nursing program at the College. This appealed to me as a very meaningful undertaking. The mission of the College in preparing nurses with caring and holistic attitude are the attributes that I envisioned good nurses should possess. This strategic plan will capitalize the potential of the College, while also contributing to the development of the nursing profession in Hong Kong.

It’s been almost 30 years since HKAC offered nursing programs in the 20th century from 1967 until 1992. It’s the vision of the current Board of Directors that HKAC will re-establish a nursing program to educate nurses and to supply nursing workforce for the two affiliated Hong Kong Adventist Hospitals, to serve the public, and to meet the need of Hong Kong Society. With the strong tradition of HKAC to provide quality education with an emphasis on developing the potential of the whole person, the proposed program aligns with the mission and the aims of the College to the development of the whole person, mentally, physically, and spiritually.

This is implicit in “Sam Yuk” which is found in the Chinese name of the College. The proposed program also will fulfill the career dreams of many young people who are attracted to the nursing profession to serve humankind in illness and to maintain overall health of the local population.
In the last few months in post, I was fascinated by the vision of the Associate Academic Dean and Chair of the Department, Professor Corjena Cheung. Her wisdom and energy inspired me on the direction of the program. I was also empowered and entrusted to make suggestions on the recruitment of qualified staff, proposed changes to the Department’s floor plan, and the operation logistics without hesitation. The suggestions were recommended for the betterment and for future development of the Department.

In the first two months of my appointment, the application documents for accreditation of the program were submitted to the Nursing Council of Hong Kong on 28 September. It was made possible only with the unfailing support of Professor Cheung, the input of academic and clinical staff, and the recommendations from the two program advisors. The documents for accreditation application to the Hong Kong Council for Accreditation of Academic and Vocational Qualifications were submitted in November 2021. I sincerely hope that the program will be accredited by the two organizations, so that our efforts will not be in vain. The accreditation of the program will mark the beginning and an important milestone of the Department of Nursing at HKAC. The proposed program will realize the vision of the Department to launch an excellent program in preparing well qualified and caring nurses for the profession. It is also my vision and ambition, in the near future, to expand the capacity of the Department to establish a Bachelor Degree program in Nursing to prepare registered nurses to lead, serve, and make a positive difference in this world. The success of the programs and the realization of the potential of the Department of Nursing relies on the full support of the Board of Directors, the senior Management of the College, and all faculty and supporting staff members.

Alice Loke, PhD
Director, Nursing Department
Zoom Chapel Dr. Andrea Luxton (President, A.U)  
Dr. Peter S. Young (HKAC Foundation Board Member)

HKAC President Dan Cheung introduces AU President Dr. Andrea Luxton to the Chapel Assembly at Bayview Church / King Huy Hall

"It is the work of true education . . . to train young people to be thinkers, and not mere reflectors of other people’s thought" (E. G. White, *Education*

Developing your critical thinking skills is crucial!

President Dr. Andrea Luxton present to HKAC via Zoom from the US

Dr. Paul McGraw handed the microphone to a HKAC student with a question for AU President Dr. Andrea Luxton
Dr. Peter S. Young, HKAC Foundation Board Member, presents via Zoom, an action steps oriented, SMART Goals talks to students.

Follow the SMART Goals action steps to help achieve your small and big goals in life. Share them with family and close friends for support and to help you stay on track!

Try to remain upbeat through the ups and downs of life, go with the flow, stay healthy, work diligently, and with support, make the small and big goals happen!
HKAC Environmental Day 2021 Photo Essay

Part 1

President Dan speaks to HKAC students
Students recycling, include: Zuriel Dagen, Rocky Siu Ka Shun, Lexine De Vera

Students Brian Lai Siu Yuen, Sargarn Rai, and Sukpreet Dhaliwal tty paper making!

Students Sarah Yip Yuk Ying and Jenny Suen Wai Shan co-led the clothing recycling booth
During the Autumn 2021 HKAC Gospel Week, Pastor Adrian Peto (above left photo) of Adventist International Church of Hong Kong was the featured daily guest speaker. President Dan Cheung and Pastor Ben SeKwang Seo introduced Pastor Peto to the assembly of students and faculty at Bayview Church/King Huy Hall. Pastor Ben Seo SeKwang mentioned that Monday, October 18 was the introduction for the week’s sermon series and Tuesday through Thursday, post-sermon student group discussions led by faculty and pastors. Each day began with an opening prayer and a musical performance accompanied on the piano by Dr. Arlene Siagian. Pastor Adrian then gave a presentation and provided college students two to three daily points, for further discussions in small group sessions. On the first day of Oct. 2021 Gospel Week, Pastor Adrian spoke about the Hollywood good vs. evil theme of the “Star Wars” film and compared it to the Bible’s story of Lucifer, the fallen angel, who had served God and had sought more power. On the last day, thank you gifts (above right photo) were presented to Pastor Adrian Peto on Friday, Oct. 22 by Dr. Paul Song, HKAC’s Dean of Students, and by Dr. Paul McGraw, HKAC’s Academic Dean & Chairman of the Dept. of General Studies. It was a spiritually uplifting and thought provoking week for all participants!
Welcome to Professor Alice Loke (HKAC Director, Dept. of Nursing, Fall 2021)

Professor Alice Loke has over 30 years of work experience in a University Grants Committee funded university in Hong Kong. She was the Associate Head, the Chair of the School Learning and Teaching Committee, and the Lead of the Family and Community Health Research Theme. She also served in many professional bodies in Hong Kong, including as the President of the Hong Kong College of Education and Research in Nursing (2015-2018 & 2018-2021).

Professor Loke supervised many research students, and published widely on promotion of health among adolescents, women’s health, family/spousal support in illness, and on disaster preparedness and education.

Dr. Loke has published well over 200 scholarly papers that are influential in these areas. In 2020, she received the International Nurse Researcher Hall of Fame Sigma Global Nursing Excellence that recognizes nurse researchers who have achieved significant and sustained national or international recognition and who has improved the profession and the people it serves. In her leisure time, Alice enjoys Cantonese Opera and performs once in a while, in order to improve her skills in this cultural pastime.
Welcome to Ms. Wing Chan (HKAC Instructor, Higher Diploma in Health & Rehabilitation Services)

Ms. Wing Chan grew up in Hong Kong and went to primary and secondary school education here. She received her Bachelor degree in Nursing in Union College, USA and her Master degree in Nursing at Hong Kong Polytechnic University.

Regarding her career, Ms. Chan used to work at Loma Linda University Medical Center in California, USA and at Guam Seventh-day Adventist Clinic as a nurse. After relocating back to Hong Kong, she has worked in both Hong Kong Adventist Hospitals as a health educator. Ms. Chan most recently worked in a charitable institution caring for the elderly in the community nurse station.

During Fall 2021, Ms. Chan was hired to teach at HKAC part-time for the inaugural Higher Diploma in Health & Rehabilitation Services program. She taught a course in Clinical Microbiology and Pharmacology.

As an instructor at HKAC, Ms. Chan hoped to speak the language of her students, understand their needs so that she could help them to learn and grow academically, spiritually, and socially.

Wing enjoys hiking, biking and walking in nature. She also likes to hang out with friends at church, praying, caring for one another, and growing together.

On the Clear Water Bay campus, Ms. Chan looked forward to experiencing God’s love in a deeper way and to share the love with others, during her time here.
Welcome to Dr. Ron Wong (HKAC Instructor in Physics I, Dept. of General Education)

Dr. Ron Wong grew up in Hong Kong and lived in Sham Shui Po District for 20+ years. He was an only child in his family.

Ron received his Bachelor of Science major in physics from CUHK, and his MPhil at University of Hong Kong (HKU). Recently, he completed his PhD also at HKU.

Prior to teaching Physics during Fall 2021, Dr. Wong mainly conducted research in astrophysics. He considers teaching to be an interesting career challenge.

Ron also has an entrepreneurial side business operating an entertainment oriented real estate venue.

In the past two years, he also began new hobbies including going to the gym to work out and going hiking. Ron thinks it's a good time for anyone to try to get more fit, when you realize you are not as fit as before. The HKAC campus is a nice environment to do so.

What Dr. Wong wishes to achieve is to teach students the way physicists think and simplify problems. Students may not remember the exact knowledge found in a textbook ten years later. Nevertheless, Dr. Wong hopes that honing critical thinking skills and appreciating the beauty of nature, such as that found on campus, would become lifelong rewards for students.
Welcome to Ms. Francesca Chan (HKAC Marketing Assistant)

Francesca Chan is a new Marketing Assistant at HKAC. She recently finished her Bachelor's degree last summer and arrived to the Clear Water Bay campus for her first job. Ms. Chan was born in Hong Kong and grew up here as well.

Although Francesca is an only child in her family, she has a very big extended family. Her mother has six sisters, and so Ms. Chan has six aunts on her mother's side of the family. Each of her aunts has a child, so she also has six cousins! Every weekend, all of them gather at her grandparents' house, as they we are a very close family. Growing up in this big family gave Ms. Chan a loving childhood, for which she is very grateful indeed. That is also the reason why Francesca enjoys working in a group environment and making new friends.

Ms. Chan graduated from City University of Hong Kong with a Bachelor of Arts degree in Creative Media major with a Korean Studies minor. Prior to university, Ms. Chan graduated from the Kowloon True Light School.

As an active person, Francesca has an eclectic range of interests and hobbies. She enjoys eating and cooking. Secondly, Francesca also really likes to paint, create sculptures and all kinds of handicrafts. As such, she often visits art galleries and museums. Furthermore, Francesca relishes singing, playing the piano or guitar to relax, and general musical enjoyment. For sports, she likes to play tennis with family and friends. It’s clear that Francesca is never a stay-home-person when she's not at work!

At HKAC, Ms. Chan assists in the efforts to promote the college by planning and executing external communications, events, seminars, school career fairs, and managing the school's social media accounts. She also captures quite a bit of events related photography on campus. Above all, Ms. Francesca Chan would like to popularize the college and make it more well known as a tertiary educational institution.
Welcome to Ms. Karen Fung (Administrative Assistant, Academic Dean’s & Registrar’s Offices)

Ms. Karen Fung is a new, part-time Administration Assistant based in the HKAC Administration Office. She was born and raised in Hong Kong. Karen finished Form 7 in Hong Kong and received a Diploma in Business Studies, after two years full time study in Lee Wai Lee Technical Institute.

For the past 25 years, Ms. Fung worked as an Executive Secretary/Personal Assistant for Senior Management in one of the world’s largest global sourcing and supply chain companies in the apparel and accessories industries. She left this company at the end of 2020, when the firm significantly restructured its operations and her role was made redundant, as part of a large human resources organization realignment.

As part of her new duties at HKAC, Ms. Fung provides academic support services for the Academic Dean’s Office (Academic Dean, Associate Dean and the Registrar), as directed by the Associate Dean. Karen supports the department by performing all other duties as assigned by the Academic Dean’s Office.

She hopes that her extensive experience in administrative, clerical, secretarial and office management concepts will be very helpful in performing her functions effectively here and contribute to smooth operations in the Academic Dean’s Office.

Outside of work, Karen is particularly fond of hiking and crocheting. She loves the outdoors and enjoys going hiking on weekends. Karen feels that it’s great to connect with nature, enjoy some gorgeous views and get away from the city. In addition, crocheting is a meditative activity and embracing it has greatly enhanced Karen’s levels of concentration.

Currently, Ms. Fung’s son is studying in Australia and she hasn’t had the opportunity to see him for two years, due to the Covid-19 pandemic. She really misses him a great deal and looks forward to the day when they can reunite in person. Although Ms. Fung is not a Christian, she enjoys working in the religious and tranquil environment on campus, while having the opportunity to learn more about God.
Inaugural Friends of HKAC Nursing Scholarship Fund (Kindly Donate Generously!)

Dear Alumni & Friends of HKAC, an anonymous friend of HKAC has donated US$75,000 to establish the Friends of HKAC Nursing Scholarship Fund, which will be used to provide scholarships for Adventist nursing students to encourage Adventist members to study nursing at HKAC and to serve at Hong Kong Adventist hospitals after they graduate.

This scholarship fund is opened for additional donations from friends and alumni of HKAC throughout the world to build up this fund, so that it will generate adequate numbers of scholarships for our nursing students.

On behalf of HKAC, I invite you to be part of this meaningful ministry.

Below are a few simple ways to make your charitable donation to this scholarship fund:

1. Please send a check payable to: Hong Kong Adventist College, 1111 Clear Water Bay Road, Sai, Kung, N.T., Hong Kong. Be sure to indicate your donation is for the Friends of HKAC Nursing Scholarship Fund.

2. Direct wire transfer of your monetary donation to Hang Seng Bank Account: 204-3-011010. Please email your funds transfer bank receipt to: donation@hkac.edu

3. For U.S. residents who would like to receive tax deductible receipts, please make a check payable to: General Conference of SDA, Attn: Donation Center-TRE, P.O. Box 5009 Hagerstown, MD 21741

To ensure that the funds get to the college it is important that you attach a note to the GC of SDA designating the funds should go to: Hong Kong Adventist College Attn: Hosea Yeung, Treasurer, 1111 Clear Water Bay Road Sai, Kung, N.T. Hong Kong

Important: Please email Hosea Yeung that you've made the donation via hoseay@hkac.edu. If your donation is made via a credit card, there is a fee of 2.75% that is deducted from the amount for HKAC. Checks are 100% for HKAC.

Please allow me to express my heartfelt gratitude for your continuous support of HKAC. Your selfless contributions will be used wisely to bring more young people to Christian life and help train them in the noble nursing profession.

In Christ,

Dan Cheung, PhD
President, Hong Kong Adventist College
HR Manager Ms. Alice Wong and Dorm Dean Mr. Jeriel Chuah discussed the election of Standing & Functional committees’ representatives for 2021-2022.

President Dan thanked participants at the campus retreat.
HKAC Autumn 2021 Campus Vistas

Ms. Wing Chan and Ms. Twinky Lau with a nice view of Bayview Church/King Huy Hall

Paris Peacock butterfly on the CWB campus

The new, automated campus front gate

Pink floral blooms by the gatekeeper’s post
HKAC Autumn 2021 Campus Vistas

Gardener Mr. Li tends to tall floral vines

A film crew captures action scenes on campus

A happy couple by the SYMS building

HKAC building in autumn season
President Dan Cheung’s Winter 2022
Message to HKAC / Sam Yuk Alumni & Friends

On August 7, 2021, my wife Dr. Corjena Cheung, and I woke up at 4:00 a.m. in the morning to travel to the airport to fly back from Minneapolis to Hong Kong. Two days prior to the day we left Minnesota, we went to three facilities to be tested with COVID-19 to be sure that we had the proper documents to show that we had tested negative prior to boarding the airplanes. We had heard that the Hong Kong government was very strict in requiring people to have the right documents to show that they had the correct test from a qualified laboratory within 72 hours of leaving the United States. We reached the airport at 5:00 a.m. and proceed to acquire our boarding passes.

After what seemed to be an eternity, as the American Airlines’ personnel checked all our documents to be sure that they would be accepted by the Hong Kong Immigration Office, we obtained boarding passes to fly from Minneapolis to Dallas and then from Dallas to Seoul, Korea. By the time we reached the Incheon Airport in Seoul, Korea, we had already been travelling—or attempting to travel—for almost 24 hours. We still had five hours to wait before we would board the plane to fly to Hong Kong.

Fifteen minutes before the departure of the airplane, we were called to the counter and asked to provide the COVID-19 test documents again. This time Cathy Pacific’s personnel checked the documents, since American Airlines did not fly to Hong Kong. Five minutes before the closing of the gate, we were told that our test documents were incorrect, that we were not allowed to board the plane, and that they would send us back to the United States the next day to get tested again and obtain the proper documents. This was because the Incheon Airport had no COVID-19 testing facility on that day. Unfortunately, as this situation occurred at the height of the pandemic, most flights were cancelled, so we couldn’t get a plane to go back to the U.S. until the next day. This meant that we were forced to stay inside the mostly empty Incheon Airport for the next 24 hours.
The next day we boarded American Airlines to fly back to Dallas to be tested again at the airport there. Most of the flights, including American Airlines flights going to Hong Kong were cancelled during the pandemic and all those available flights to Hong Kong, were fully booked. We finally purchased two one-way tickets from Qatar Airlines to fly from Dallas to Hong Kong through Doha, Qatar. In total, we spent five days travelling around the world to get back to Hong Kong from Minneapolis. As often happens with so many changes in itinerary, some of our luggage mysteriously ended up elsewhere—in this case in Madrid, Spain—and was stuck there for more than a month before the bags made their way to Hong Kong.

This trip—and really all of 2021—taught us a good lesson that in all circumstances we should expect the unexpected. No matter how much we have prepared, something can always happen unexpectedly. We expected the pandemic would be over in six months. We expected that COVID-19 would be gone once scientists had developed the vaccines. We expected herd immunity when over 70% of people had been vaccinated. However, two years after this pandemic has started, many people around the world were still infected and continue to die with COVID-19.

Several countries in the world still enforce lockdowns, many people are still waiting to be vaccinated, and residents of Hong Kong are still not allowed to easily enter mainland China.

At Hong Kong Adventist College, the students, staff, and faculty all work together to teach and to learn under the shadow of the COVID-19. Except for a few exceptions including those who are being quarantined in hotels or are based overseas, most Hong Kong-based students regularly come to classes to learn in person with their masks on. Our teachers come to the classrooms to teach in person, and the staff and the administrators carry out their daily lives much as they did before the pandemic. By the grace of God, this pandemic has not altered our campus life much up to now, except we have had to put on a mask each morning as we leave home and adhere to social distancing rules.

Let us all work together to face the challenges of 2022 and expect the unexpected. As the Apostle Paul says in Philippians 1:6, “I’m convinced that God, who began this good work in you, will carry it through to completion on the day of Christ Jesus.” God has promised that He will work with us to finish His mission on earth, until the day He comes to take us home.

Dan Cheung, PhD
President of Hong Kong Adventist College
Student Ambassadors Alex Zubkov and Brayan Lopez (Fall 2021 to Spring 2022)

Hello, my name is Brayan Lopez! I am from the US of A, and my hometown is in Gainesville, Georgia!

Currently, I am enrolled at Southern Adventist University, majoring in Religious Studies.

I am one of the student ambassadors at HKAC for the 2021 to 2022 academic school year.

Here at HKAC, I decided to enroll in Theology II because I wanted a challenging bible class that would refine my beliefs. I also joined choir, because although I do not have an angelic voice, I enjoy praising the Lord in song.

My main objective here at HKAC is to win souls for the Lord. Bringing people to Christ through friendship is the main experience I wish to fulfill. Apart from that, I am hoping to learn the local language so that I can communicate with Chinese speaking friends back in the United States.

Alex Zubkov and I hope to bring spiritual revival to this campus and inspire the next generation of Christians. With God at our sides, we know he will provide us strength to change the atmosphere here on campus.

My favourite hobbies include soccer and jujitsu. I hope to become a black belt in jujitsu, before I turn 28.

Ultimately, because I wish to become a medical doctor, I aspire to attend Loma Linda Medical School in USA and hopefully become a family practitioner physician one day!
Hello, I’m Alex Zubkov and am originally from Zaoksky, Russia. Currently, I’m enrolled in Asia Pacific International University (APIU) based in Thailand but took a gap year to be an HKAC student ambassador for the 2021-2022 academic year. At the moment, I plan to be in Hong Kong until June or July 2022. While I’m a Computer Science and Technology major at APIU, I hope to pursue the field of Marketing in my future career.

During Spring 2022 semester at HKAC, I enrolled in a statistics class (STAT 285) and a Bible class (RELT 100: God in Human Life). I really enjoy math and I always wanted to take a statistics class, since I was in school, so now I finally found an opportunity.

Some of my hobbies outside work is playing sports like soccer and volleyball. I love learning new things and acquiring new skills even outside my academic life. Constantly creating projects (business projects) on the side has always been a passion for me.

During my time at HKAC, I would like to gain new friends and have really meaningful relationships with the students and staff on campus.

I am also looking forward to my own spiritual growth and helping others find out how amazing it actually is when God is guiding you through your life. I want to share love with everyone on campus, because life is hard enough for everyone already. And just helping somebody have a better day really motivates me.

In addition, I aim for intellectual, physical, and spiritual growth for myself and anyone around me.
HKAC Department of Psychology Stress Management Week (Nov. 22-27, 2021)

In order to raise awareness of Mental Health issues on campus, the students of the Stress Management class were tasked to organize the Mental Health Week from November 22 to November 29, 2022. We organized a total of eight different talks and workshops for the staff, faculty and the students. The theme was “Stress: A Blessing or A Curse”.

It began with Dr. Anna Liu-Chim’s sharing during the Faculty Morning Devotion period. She spoke about how the “Happiness Chemicals” (Dopamine, Oxytocin, serotonin and endorphin) could help to boost everyone up. It was followed by two talks on “Music and Stress” by the students. The students shared research on how music could be a means of relaxation. Ms. Priscilla Wong ended the week’s Faculty Morning Devotion on work stress and how we could be “tend-and-befriend” and support each other in our workplace, a teaching fully demonstrated by Jesus and the early Christian Church.

The HKAC staff had their own devotions every Monday morning. With the support of the president, we held one talk and one workshop for the staff. On November 15, 2021, Ms. Priscilla Wong shared how good work ethics and positive emotions could help one cope with work stress. The staff then attended a workshop held by a group of students from the Departments of Health and Psychology on November 22. The title of the workshop was “Morning Rise and Stress”. The staff learned simple albeit useful stretching exercises and how they could stay healthy mentally by choosing the right kinds of food and drinks.

A highlight of the November 2021 Mental Health Week included the chapel student assembly on campus. Students Zuhaa Khan and Isaiah Gorres spoke about whether the effects of stress and how changing our mindset could actually help us cope with stress. Student Christian Angeles led a muscle relaxation session. All participants received a cute stress ball (in a dim sum basket) as a gift. The Mental Health week ended with two workshops on cognitive appraisals and progressive muscles relaxation. This had been a valuable experiential learning experience for all those who organized the programs. In this way, HKAC students were able to pick up some relaxation techniques to ready them for the final week of the semester.
stress Management Week poster, “Understanding Your Mind”

Stress Management Week poster for
Nov. 22, 2021

Stress Management Week poster for
Nov. 24, 2021

Stress Management Week poster for
Nov. 25, 2021
HKAC Food & Fun Fair & Alumni Day Part 1 (December 5, 2021)

President Dan Cheung and the lion dancers which bring good luck to the CWB campus

Hosea Yeung, Debbie Lau, Charles Chan and Alice Wong at the FFF&AD ticket booth

Karen Fung and Sam Yuk alumna Mandy Lam at the fair’s free gifts donations booth

Pak Hei (Hayward) Ku, Ching Yi (Tina) Tann & Ka Shun (Rocky) Siu at HKAC alumni booth
HKAC Food & Fun Fair & Alumni Day Part 2
(December 5, 2021)

CWB campus outdoor stage featuring: Jeriel Chuah (Dorm Dean & Events Leader), Alex Zubkov (SA), Brayan Lopez (SA), Dr. Hope Zhang (CAS President), Tom Decker (HKAA President), Dr. Dan Cheung (HKAC President), Robert S. Folkenberg, Jr. (Chinese Union Mission President), and prominent guests of the Clear Water Bay (CWB) community.

Master of Ceremony Jeriel Chuah (HKAC) introduces an excellent piano performance by Dr. Calvin Luk on the CWB campus outdoor stage.

Lion dancers and musicians from a nearby village finish their magnificent performance to bestow luck on the campus.
HKAC Dept. of Business Room Chapel
Entrepreneurship Student Program
(Jan. 26, 2022)

Ka Shun (Rocky) Siu presents an entrepreneurship slide show

Five lessons of entrepreneurship / small business ownership including innovation!

Shima Gurung co-created an entrepreneurship quiz

Daniel Mendoza Torres co-created an entrepreneurship quiz
HKAC Culture Day Part 1
(November 17, 2021)

HKAC President Dan Cheung presents a Culture Day appreciation award plaque to the Chinese Tai Chi fan dance pair.

Nepal’s traditional dance culture was demonstrated by students Terisa Ghale and Shima Gurung at HKAC Culture Day.

HKAC Culture Day Nov. 2021 group photo in front of King Huy Hall / Bayview Church on the Clear Water Bay campus.
HKAC Culture Day Part 2
(November 17, 2021)

HKAC students representing Pakistan: M. Ali Faisal, Aseel Nazir, Zuhaa Khan, Sanna Sajeid, M H. Basharat, Smriti Vinayek, Dhuaa Khan

HKAC students Wai Shan (Jenny) Suen, Sara De Almeida Santana, Nadege Rangira, and Zhi Qiao Lim

HKAC Cultural Day group photo, featuring: Dr. Dan Cheung (HKAC President), Dr. Paul McGraw (HKAC Academic Dean), Ms. Charlene Chow-Pak (Dept. of Health), and various students such as Christian Angeles and Shima Gurung
HKAC Faculty Development Day
(December 20, 2021)

The HKAC faculty gathered, after the Fall 2021 semester, for a training development day. First, Dr. Paul McGraw (Academic Dean) discussed “housekeeping” matters. Second, Dr. Calvin Luk (Chemistry & Math) presented helpful Moodle online course management tips and tricks. Next, Dr. Corjena Cheung, presented her research about “The Moderating Role of Spirituality and Coping and the Association Between Perceived Stress and Mental Health During Covid-19”. Lastly, there was a panel discussion on working with SEN students. Afterward, we enjoyed lunch together!

Dr. Corjena Cheung (Asso. Academic Dean) presents her research conclusions

Ms. C. Pak (Health), Dr. W. Lam (Nursing, Prof. A Loke (Nursing, Mr. R. Cheung (English), Dr. C. Cheung (Asso. Academic Dean), Dr. B. Choi (Health), Dr. C. Luk (Chem. & Math), Ms. P. Wong (Psychology), Ms. J. Shiu (Business)
Hong Kong Principal’s Football Cup Match (Nov. 24, 2021)

Dr. Corjena Cheung bestows the trophy to the captain of the winning football team as President Dan and the team all clap.

President Dan and Dr. Corjena Cheung with the blue team members after decisive matches of the day.

The winning yellow team pose with their trophy cup.

President Dan Cheung presents an award.
Welcome to Dr William Lam (HKAC Faculty—Programs of Higher Diploma, Dept of Nursing)

In December 2021, HKAC welcomed Dr. William Lam to the Department of Nursing as the faculty lead for the new Higher Diploma programs. He is a Registered Nurse (RN) who received his General Nursing training locally. For his undergraduate bachelor degree in Nursing, he attended Monash University in Melbourne, Australia. Next, he received his master degree in Primary Health Care from the University of Western Sydney (now Western Sydney University). Then, Dr. Lam attended his doctorate in Health Science from The Hong Kong Polytechnic University.

Previously, Dr. Lam taught in various undergraduate nursing courses in a local USG-funded university and has been a thesis supervisor of Master of Nursing students. He was involved in program administration and was a Year-long Coordinator of the Bachelor of Nursing program. Before he started his nursing education career, Dr. Lam worked as an Advanced Practice Nurse in the Hospital Authority of Hong Kong. Currently, Dr. Lam is a Fellow of Hong Kong Academy of Nursing.

At HKAC, Dr. Lam will teach courses regarding Health Assessment and Fundamentals of Nursing. He would like to share his health care clinical experiences and aspirations about the nursing profession with younger generations. Moreover, Dr. Lam looks forward to assisting students with their future careers and professional development in the field of nursing.

Outside of work, William is married, enjoys listening to music and also enjoys world travel.
Welcome to Ms. Karen Chan (HKAC Faculty—Dept. of General Studies & Dept of Nursing)

HKAC welcomed Ms. Karen Chan in December 2021 to teach Biology (including Anatomy & Physiology) for the Dept. of General Studies and the Dept. of Nursing, starting in the Spring 2022 academic semester. Ms. Chan completed her undergraduate degree in Biology and Music (Vocal Performance) at Scripps College in California, USA.

Following her college degree, Ms. Chan attended and received her master degree in Biomedical Sciences from University of San Francisco (UCSF) in Northern California, USA. During that time, Karen conducted a research project on the immune system, studying the role of B cells in allergic diseases, such as asthma and food allergy. In addition, she has a great interest in complementary and integrative medicine. As such, Ms. Chan has completed additional studies in Traditional Chinese Medicine, Western Herbal Medicine, and Mind-Body Wellness fields.

Ms. Chan's work experience has always been a mixture of biology research and teaching. Previously, she worked in research labs studying genetics using plants, looking at the structure of DNA in fruit flies, and analyzing how the immune system changes with pregnancy in mice. Ms. Chan has teaching experience through UCSF, where she worked with elementary school children, through local partnerships, and with graduate pharmacy students studying microbiology and immunology.

While born and bred in Hong Kong, Karen has spent a good number of years in America and has only recently returned here. She hopes to share her passion for biology and health with others, and inspire students to remain lifelong learners beyond the duration of their studies. Karen believes that having a strong sense of community creates an environment where students are able to thrive and hopes to foster this throughout the course of her teaching at HKAC.

Regarding her avocations, Karen enjoys classical singing and piano, concocting and drinking herbal tea blends, and reading good non-fiction books! Karen enjoys going out to explore the city and discovering new places. She also has a poodle named Muffin!
Welcome to Dr. Ray Chiu (Faculty, Dept. of General Studies—Physics)

HKAC is pleased to welcome back to the Clear Water Bay campus Dr. Ray Chiu, an alumni of our old primary school graduated exactly 60 years ago (as he fondly mentioned himself!). Dr. Chiu was born in Hong Kong, 1948. He has two daughters in the US; Mia is a Vice President of a legal team and General Counsel of an international corporation, while Ami is a psychiatrist.

Dr. Chiu received his B.Sc., Physics, National Taiwan University. Taiwan, 1971, then taught high school physics and mathematics for two years before he went to Canada. He received his M. Sc. 1975 and Ph. D 1979 in the Western University, London, Ontario, Canada. He then proudly and honourably accepted the offer of the position of Post-Doctoral Member of Technical Staff, Bell Labs, Murray Hill, NJ. Afterward he worked for HP Labs, Honeywell, and Physical Electronics Labs on various senior technical staff positions. Dr. Chiu moved to the Silicon Valley in 1980. From 1986 on, Dr. Chiu owned his semiconductor equipment company, Electrochemical Technology Corp, which manufactured and sold his own patented invention, a plasma equipment—DryScrub Systems for hazardous gases abatement, to semiconductor companies to protect the environment. Parallel to this and independently, Dr. Chiu also initially full time and then part time working as an international consultant in advising companies such as Intel, Micron, AT&T, HP Labs, AMD, Motorola, Varian, Samsung, Hitachi, NEC, TEL, Kokusai, and more semiconductor and equipment companies to their R&D senior engineers on difficult problem solving. Dr. Chiu sold his equipment company three years ago and returned to Hong Kong only recently.

Just through a homecoming visit to the campus and a chat With President Dan Cheung, Dr. Chiu agreed to teach Physics at HKAC! Therefore, he can continue to teach and impart his lifetime scientific knowledge to the next generation of alumni.

Dr. Chiu is a music lover who co-founded and was the Chair and President of the Firebird Youth Chinese Orchestra in San Jose, USA. He also enjoys writing poetry whenever inspired!
Welcome to Dr. Sam Lai (Faculty, Dept. of General Studies—Cultural Anthropology)

Welcome to Dr. Siu-hei Lai (Sam) who is a socio-cultural T Y anthropologist born, raised and educated in Hong Kong. He completed a PhD in Anthropology at the Chinese University of Hong Kong (CUHK) in November 2021. Before his PhD, he obtained a BA in Anthropology (2013) from CUHK Rd accomplished an MA in Anthropological Research Methods (2015) at the School of Oriental and African Studies (SOAS), University of London. Prior to joining HKAC, he taught at CUHK and worked at the Hong Kong Council of Social Service (HKCSS) in the field of social entrepreneurship.

In Spring 2022, Dr. Lai will be teaching ANTH 200 Cultural Anthropology that is offered by the Department of General Studies. The course introduces students to cultural anthropology of the four-field tradition, exploring the meanings of culture and how anthropologists study human conditions ethnographically. One of the jobs of anthropologists is to challenge the “norms” and study different phenomena by shifting perspectives. While scientists and engineers contribute to innovations of societies by inventing or building up new models, anthropologists engage in the project of innovation by deconstructing the taken-for-granted ideas that are commonly shared by humankind based on first-hand on ground experiences and engagement in communities. By looking at how life can be lived differently by different peoples across the world, he wishes students will embrace differences and “abnormalities,” make contributions to innovation by appreciating the cultural diversities of humankind through the lived experience, and become empathetic to human “differences”—socially, culturally and physically.

When not working, Sam is enthusiastic about travelling and reading books. He thinks that travelling is one of the best ways to learn about different cultures and societies in different parts of the world.

Dr. Lai is looking forward to meeting his colleagues and students in the historic campus of HKAC.
Welcome to Bobby Wong (Staff, Assistant, HKAC Marketing Team)

The HKAC community welcomed Bobby Wong as a Marketing Assistant in December 2021. He graduated in with a bachelor degree in Accounting and Finance from the University of Kent in England. In addition, Bobby received a master degree in Marketing from City University of Hong Kong. Prior to university, he graduated from Creative Secondary School and followed the International Baccalaureate curriculum.

After graduating, Bobby worked at Deloitte Advisory (Hong Kong) Limited as an analyst for a year. Later, he took on the role of assistant communication officer in CLP Power Hong Kong Limited to facilitate their offline promotions.

In his role as Marketing Assistant at HKAC, he will be promoting the school by hosting events, joining educational fairs, presentations made to secondary school, and helping to run the school’s social media accounts. He will also be doing campus events related photography.

While Bobby was born and grew up in Hong Kong, he spent three years at university in the UK. He has a sister and is currently living with his family. Bobby is from a big extended family, since his father has four siblings, while his mother has seven siblings. The entire family always gathers together during the Lunar New Year.

Outside of work, Bobby is a self-described “foodie”, since he enjoys exploring different restaurants in the city and welcomes restaurant recommendations! In addition, he likes stories; therefore, he enjoys watching movies and dramas, as well as reading novels and anime.

As for sports, Bobby likes to play badminton and would like to practice more to improve his game.

During his time at HKAC, Bobby aims to help popularize the college and increase student enrollment.
Mr. Michael Man Ting Yiu, a 2003 to 2008 alumnus of Sam Yuk Middle School, participated in a business proposal meeting with a colleague on the Clear Water Bay campus. They met with Hong Kong Adventist Academy about a potential project involving his firm Luna Interior Design for a 2022 event.

Ms. Siu Kan (Livia) Li (HKAC Director of Business Development) and Ms. Jenifer Shiu (Faculty-Business Department and Alumni Relations Executive) were pleased to meet with Mr. Yiu on December 15, 2021 and hope he enjoyed his campus visit.

As a thank you for his taking time to stop by and chat with us, we presented Mr. Yiu with a hardcover copy of the 80th campus anniversary commemoration album, which includes: a history of the campus, some early school leaders, the grade 2 historic buildings, messages and photos from alumni, archival photographs, and several 2019 images of the campus itself.

For alumni and friends of HKAC and Sam Yuk, you too can enjoy the CWB campus 80th anniversary commemoration album by downloading it in PDF format here: https://bit.ly/cwbc80thaa
Gardener Li Tak Cheung and his Lunar New Year 2022 Calligraphy Couplets

Mr. Li creates his superb Chinese calligraphy couplets

A close-up image of Mr. Li’s Chinese calligraphy ink brush style. This fluidity in ink brush technique takes years of practice and skill.

Gardener Li, HR Manager Ms. A. Wong, Admin Assistant Ms. K. Fung, Chair of Dept. of Psychology Ms. P. Wong, Dorm Dean Ms. K. Ma
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